



The Guiding Star

H.J.B. Elementary Guidance and
Counseling Program Newsletter

November 2012
Vol. II, # 2

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School Counselor

Peer Mediation Team at HJB

Our team consists of five fine fifth graders who completed a training in September, practiced in October, and started in the first few days of November doing mediations. They will be helping their peers solve small conflicts with each other during the 2012-2013 school year. They are:

Mariah Barber

Nathan Arrowood

Chase Roltsch

Kristen Smallwood

Lonnie Williams

In addition we have:

Trinity Jacobs

Ariel Veney

helping the team do "New Student Greeting".

The second round of Guidance Lessons covered the following:

Kindergarteners were lead to distinguish between activities that are appropriate and not appropriate to their age. In other words, they named activities that would be too babyish or too rough for their age group so they would know which to join in order to have fun.

First graders continued building their vocabulary of words that express feelings. They made two-sided "pickle sticks" to take home and practice distinguishing between words that express comfortable and uncomfortable feelings, with their parent's help.

Second graders had fun doing a play, acting out a solution to a problem presented in a story by the

Counselor. They did a great job expressing feelings with an "I feel__ message" and choosing a solution that would make the characters, the ducks and a frog, have their rights respected (the right to share space on a pond).

Third graders made robots out of paper and started the process of learning what it takes to solve conflicts with peers.

Fourth graders participated in "Create a Crazy Conflict" while learning the "ins and outs" to how conflicts are formed.

Fifth graders learned, through drama, the meaning of prejudice, stereotyping, and peacemaking.

More Guidance Groups to start now, in November

Small Guidance Groups are a fun way for students to improve their problem solving and coping skills learned in Guidance Lessons. Some are listed below.

Pickle Pals: Social skills and friendship building group.

Cool Cats: Learning ways to control angry feelings.

AIM: Coping with anger and or anxiety.

Kinder Pals: Social Skills play group for Kindergarteners.

Latest Guidance Lessons

Red Ribbon Week Activities during October

The students at HJB signed a pledge to say "No" to drugs by putting their name on the sail of a sailboat designed on the bulletin board in the hall opposite the art room.

The Warren Coalition was very generous to us by purchasing red ribbon bracelets to wear on Wednesday of that week and prizes to go along with the "balloon stomp". The Balloon Stomp was given to fourth and fifth

graders because they were the most able to answer drug awareness questions. Denise and Christa, from the Coalition, were wonderful in not only doing the Balloon Stomp but bringing a puppet show to the second and fourth grades with the help of three Youth in Action students from Warren Co. High School.

(Please see page two for pictures of these activities.)



Students at HJB grades 1 to 5, signed their names the sail of the sailboat design and Kindergarteners signed the pink clouds. This display was in the hallway leading to the gym.



Christa Shifflet, from the Warren Coalition, along with some of the Youth in Action students from Warren Co. High School, answer questions after putting on a puppet show about being Responsible for the fourth grade at Hilda J. Barbour Elementary School during the Red Ribbon Week. Below is Tyler Binnix doing a replay.

